



**Verzenio**<sup>®</sup>  
abemaciclib  
50 | 100 | 150 mg tablets

WELCOME TO  
**VERZENIO**





Whether you're newly diagnosed or just starting treatment, this brochure can help you **learn more about Verzenio**

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# About Verzenio

## What is Verzenio?

Verzenio is a prescription medicine used in combination with endocrine (hormone) therapy (tamoxifen or an aromatase inhibitor) to treat adults with hormone receptor positive (HR+), human epidermal growth factor receptor 2 negative (HER2-), node-positive, early breast cancer with a high risk of coming back as determined by your healthcare provider.

It is not known if it is safe and effective in children.

## Why Verzenio?

Verzenio + hormone therapy is **the first and only treatment in 15 years** for women with HR+, HER2-, high-risk early breast cancer.

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Verzenio has already treated 16,000 patients in the US with certain types of HR+, HER2- metastatic breast cancer. Verzenio + hormone therapy is **FDA approved** to treat patients with HR+, HER2-, node-positive, early breast cancer with a high risk of recurrence.

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## SELECT SAFETY INFORMATION

### Warnings - Verzenio may cause serious side effects, including:

Diarrhea is common with Verzenio, may sometimes be severe and may cause dehydration or infection. The most common time to develop diarrhea is during the first month of Verzenio treatment. If you develop diarrhea during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, stop your treatment, or decrease your dose.

If you have any loose stools, start taking an antidiarrheal medicine (such as loperamide), drink more fluids, and tell your healthcare provider right away.

# Results with Verzenio + hormone therapy

For HR+, HER2-, node-positive, early breast cancer with a high chance of returning, as determined by your healthcare provider.

Verzenio was studied in a clinical trial of 5637 adults with HR+, HER2-, node-positive, early breast cancer with a high chance of returning who had previously received primary treatment. In this study, 2808 patients were treated with Verzenio plus standard hormone therapy for 2 years, and then hormone therapy alone; 2829 patients received standard hormone therapy alone. The approval was based on a smaller group of 5120 patients from this study.

In this clinical study, Verzenio + hormone therapy was evaluated in people with HR+, HER2- early breast cancer with a high risk of recurrence based on extent of nodal involvement, tumor size, and tumor grade.

**35%**  
**RISK** ↓  
**reduction**

Verzenio helps kill cancer cells left behind after surgery, chemotherapy, and radiation to help keep the cancer from coming back.

Verzenio + hormone therapy showed a **35% reduction in the risk of cancer** returning compared with hormone therapy alone.

In a study, 85.5% of people taking Verzenio 150 mg by mouth twice daily + hormone therapy were alive without their cancer returning vs 78.6% taking hormone therapy alone. Data was assessed at 48 months; the study is ongoing to see if there is a survival benefit.

## SELECT SAFETY INFORMATION

### Warnings - Verzenio may cause serious side effects, including:

Low white blood cell counts (neutropenia) are common with Verzenio and may cause serious infections that can lead to death. Your healthcare provider should check your white blood cell counts before and during treatment. If you develop low white blood cell counts during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, decrease your dose, or wait before starting your next month of treatment. Tell your healthcare provider right away if you have signs and symptoms of low white blood cell counts or infections, such as fever and chills.

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Verzenio is the  
**first one of its kind**  
which reduces the risk of  
recurrence when added  
to hormone therapy.

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# Taking Verzenio

## How to take Verzenio + hormone therapy

The recommended dose of Verzenio in combination with hormone therapy is 150 mg by mouth twice a day, taken once in the morning and once at night.



- Each pack contains your dose of 150-mg tablets for 7 days (14 individual 150-mg tablets)
- Multiple tablet strengths (50 mg, 100 mg, and 150 mg) allow your doctor to make dose adjustments based on how you tolerate the drug
- No matter what dose is prescribed, you will take 1 tablet, 2 times a day, unless your doctor tells you otherwise

## SELECT SAFETY INFORMATION

### Warnings - Verzenio may cause serious side effects, including:

Verzenio may cause severe or life-threatening inflammation (swelling) of the lungs during treatment that can lead to death. If you develop lung problems during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, decrease your dose, or stop your treatment. Tell your healthcare provider right away if you have any new or worsening symptoms, including:

- Trouble breathing or shortness of breath
- Cough with or without mucus
- Chest pain

# Common questions about taking Verzenio

## How often should I take Verzenio?



Take each dose of Verzenio by mouth 2 times daily—once in the morning and once in the evening—unless your doctor tells you otherwise.



Same times every day

Try to establish a routine of taking your morning and evening doses at about the same times each day—for example, when you brush your teeth in the morning and before bed.



As directed by your doctor

Take Verzenio exactly as your doctor tells you. Your doctor may change your dose if needed. Do not stop taking Verzenio or change the dose without talking to your doctor.

## What should I do if I miss a dose or get sick after taking a dose?

If you vomit or miss a dose of Verzenio, take your next dose at your regular time. Do not take an extra dose of Verzenio to make up for any dose you may have missed.

- For example, if you forget to take your morning dose, then you should only take your regular evening dose rather than doubling it

## SELECT SAFETY INFORMATION

### Warnings - Verzenio may cause serious side effects, including:

Verzenio can cause serious liver problems. Your healthcare provider should do blood tests to check your liver before and during treatment. If you develop liver problems during treatment with Verzenio, your health care provider may reduce your dose or stop your treatment. Tell your healthcare provider right away if you have any of the following signs or symptoms of liver problems:

- Feeling very tired
- Pain on the upper right side of your stomach area (abdomen)
- Loss of appetite
- Bleeding or bruising more easily than normal

## How should I take Verzenio?



- Swallow the prescribed number of Verzenio tablets whole. Do not chew, crush, or split before swallowing
- You can take Verzenio with or without food
- Avoid grapefruit and grapefruit products while taking Verzenio. Grapefruit may increase the amount of Verzenio in your blood

## Can other medicines affect Verzenio?



- Verzenio and certain other medicines can affect each other, causing serious side effects or changing the effect of Verzenio or other medications
- Before starting any medication, make sure you talk to your doctor about all your other medications. Some examples include prescription and over-the-counter medicines, vitamins, and herbal supplements. Your doctor may need to change your dose



We are here for you as you start Verzenio.  
Text **VERZENIO** to **55900** to receive support today.

## SELECT SAFETY INFORMATION

### Warnings - Verzenio may cause serious side effects, including:

Verzenio may cause blood clots in your veins, or in the arteries of your lungs. Verzenio may cause serious blood clots that have led to death. If you develop blood clots during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it. Tell your healthcare provider right away if you have any of the following signs and symptoms of a blood clot:

- Pain or swelling in your arms or legs
- Fast heart rate
- Fast breathing
- Chest pain
- Shortness of breath



# How Verzenio + hormone therapy works

**Verzenio** is a CDK4 & 6 inhibitor used to treat HR+, HER2-, node-positive, early breast cancer with a high risk of coming back as determined by your healthcare provider\*

**Verzenio** works to block specific proteins called CDK4 & CDK6

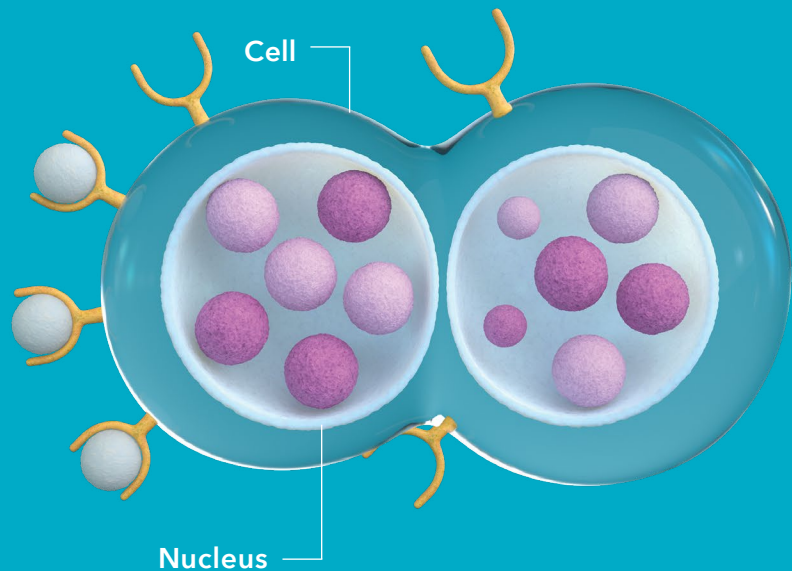
CDK4 & 6 proteins help control how fast cells grow



before

1. These proteins, along with hormones like estrogen, play an important role in the growth and division process of normal cells.

2. But if you have HR+, HER2- early breast cancer, CDK4 & 6 proteins become overactive, causing the cancer cells to grow and divide uncontrollably, which makes the tumor grow.



\*Verzenio is taken after active therapy.

# How Verzenio + hormone therapy works (*continued*)

**Verzenio** is a CDK4 & 6 inhibitor used to treat HR+, HER2-, node-positive, early breast cancer with a high risk of coming back as determined by your healthcare provider\*

**Verzenio** works to block specific proteins called CDK4 & CDK6

**Verzenio** is taken with hormone therapy to help prevent cancer recurrence after active treatment

after

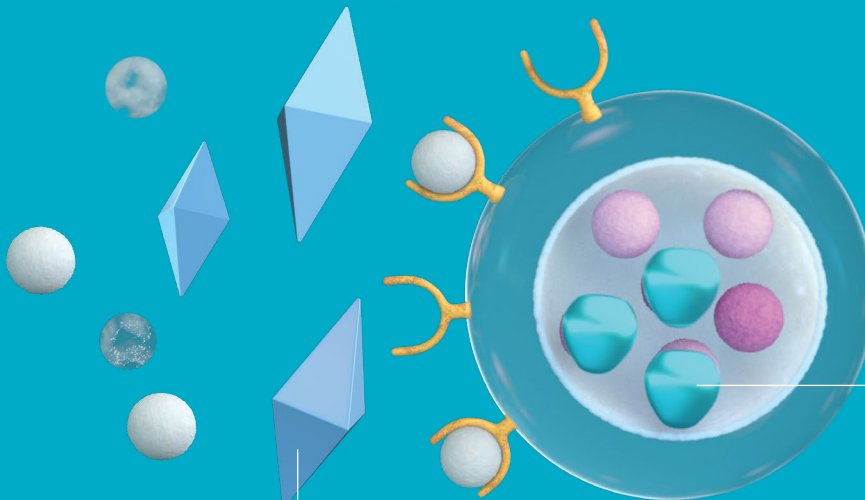


+



Hormone therapy

**Verzenio**



1. Hormone therapy works **outside** the cell to reduce estrogen that feeds the cancer.

2. **Verzenio** works **inside** the cell to block CDK4 & 6 activity and help stop the growth of cancer cells.<sup>†</sup>

When **Verzenio** inhibits CDK4 & 6 in healthy cells, it can lead to side effects, some of which may be serious.

\*Verzenio is taken after active therapy.

<sup>†</sup>Based on pre-clinical studies.

# Side effects with Verzenio + hormone therapy

## The most common side effects of taking Verzenio + hormone therapy:

- Diarrhea
- Low white blood cell counts (neutropenia, leukopenia)
- Nausea
- Infections
- Low red blood cell counts (anemia)
- Decreased appetite
- Headache
- Hair thinning or hair loss (alopecia)
- Abdominal pain
- Tiredness
- Vomiting
- Low platelet count (thrombocytopenia)



You should tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Verzenio.

**For more information on managing side effects, see pages 12 and 13 of this brochure or ask your doctor, pharmacist, or nurse.**

In a study of Verzenio + hormone therapy, it was common for patients to experience diarrhea that was sometimes severe. In some cases, it led to dehydration or infection. Diarrhea was greatest during the first month, and then decreased.



**The median time to first symptoms was about 8 days** (the median duration of moderate and more significant diarrhea was 6 and 5 days, respectively). However, some patients experienced this earlier or later in therapy.



**The diarrhea was managed by their doctor with an anti-diarrheal medicine**, like loperamide (sometimes sold under the brand name Imodium<sup>®</sup>), and/or by reducing the dose.\* You should call your doctor right away if your diarrhea does not go away or gets worse.

\*20% of patients required a dose interruption and 17% required a dose reduction.

## SELECT SAFETY INFORMATION

### Warnings - Verzenio may cause serious side effects, including:

Verzenio can harm your unborn baby. Use effective birth control (contraception) during treatment and for 3 weeks after the last dose of Verzenio and do not breastfeed during treatment with Verzenio and for at least 3 weeks after your last dose. Verzenio may affect the ability of males to father a child.

# Addressing diarrhea

**The first step to managing side effects is to know what to expect.**

Overall, the key information to know about diarrhea: it can be managed with the appropriate steps so **EXPECT, PLAN, and ACT.**

## **EXPECT: DIARRHEA IS A COMMON SIDE EFFECT**

Diarrhea is a common side effect with Verzenio and may sometimes be severe, but you and your doctor can take steps to manage it. If diarrhea occurs, it will most likely happen in the first month. You should be on the lookout for cramping or frequent, loose, or watery stools.

## **PLAN: PLAN AHEAD OF TIME**

It is important to plan ahead of time with your doctor. Make sure you have an over-the-counter anti-diarrheal medicine, such as loperamide (also known as Imodium<sup>®</sup>), available at home before you start taking Verzenio.

## **ACT: IMMEDIATE 24-HOUR ACTION PLAN**

If you begin experiencing diarrhea, it is very important that you take action immediately at the first signs of symptoms. The best way to manage diarrhea is to start an antidiarrheal at the first sign and call your doctor, who may make a dose change.

## **SELECT SAFETY INFORMATION**

### **Warnings - Verzenio may cause serious side effects, including:**

Diarrhea is common with Verzenio, may sometimes be severe and may cause dehydration or infection. The most common time to develop diarrhea is during the first month of Verzenio treatment. If you develop diarrhea during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, stop your treatment, or decrease your dose.

If you have any loose stools, start taking an antidiarrheal medicine (such as loperamide), drink more fluids, and tell your healthcare provider right away.

# Immediate 24-hour action plan



## **STEP 1: Start an antidiarrheal and call your doctor**

If you are experiencing diarrhea, you need to start taking an antidiarrheal as directed on the packaging and call your doctor or nurse immediately so they are aware and can help you manage the diarrhea.



## **STEP 2: Stay hydrated and drink clear fluids**

Drink at least 8-12 glasses of clear fluids in the first 24 hours you experience symptoms (and continue any day you experience diarrhea) to avoid dehydration.



## **STEP 3: Watch for improvement and follow up with your doctor**

Ideally, the antidiarrheal will be able to help resolve your symptoms, but **if symptoms continue after the first 24 hours, you need to talk to your doctor or nurse that day.** He or she may consider adjusting your dose, with the ultimate goal of finding which dose is right for you. Verzenio is effective at different doses, so it is important to find what dose is right for your body.



## **Monitoring blood counts and liver function**

Some patients experienced low white blood cell counts (neutropenia) and/or liver problems. Your doctor will do blood tests to monitor your blood cell counts and to check for liver problems before and during treatment.

Call your doctor for medical advice about side effects. You are encouraged to report side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088 (1-800-332-1088). You may also report side effects to Eli Lilly and Company at 1-800-545-5979.

## **SELECT SAFETY INFORMATION**

### **Common side effects**

The most common side effects of Verzenio include:

- Nausea
- Decreased appetite
- Abdominal pain
- Vomiting
- Infections
- Headache
- Tiredness
- Low platelet counts (thrombocytopenia)
- Low red blood cell counts (anemia)
- Hair thinning or hair loss (alopecia)
- Low white blood cell counts (leukopenia)

These are not all the possible side effects of Verzenio.

# Savings and support resources

See how you can save on treatment and get support along the way.



## Personalized care that's here for you

The Verzenio Continuous Care™ Program gives you personalized support to help you have a positive experience while taking Verzenio. Your Continuous Care Team will serve as your dedicated partner every step of the way.

The Verzenio Continuous Care Team is not made up of medical professionals. Your doctor is your source for medical advice.

## Through 1-on-1 check-ins, your Verzenio Continuous Care Team can support you by:

- Helping to get you started on Verzenio quickly
- Identifying savings opportunities
- Helping you understand what to expect with Verzenio
- Answering questions you may have about Verzenio

## 3 simple ways to join

**1**  
Enroll at  
**verzenio.com/support**

or

**2**  
Call  
**1-844-VERZENIO**  
(1-844-837-9364)

or

**3**  
Ask a member of your  
healthcare team about  
signing up

## SELECT SAFETY INFORMATION

### Before using

Before you use Verzenio, tell your healthcare provider about all your medical conditions, including:

- If you have fever, chills, or other signs of infection.
- If you have a history of blood clots in your veins.
- Have lung or breathing problems.
- About all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your healthcare provider if you take a medicine that contains ketoconazole.
- Have liver or kidney problems.
- If you are pregnant, plan to become pregnant, or are breastfeeding.

# Savings Card

Paying for treatment shouldn't be an additional concern for you and your loved ones, so we've created the Verzenio Savings Card,\* which may help you manage treatment costs.



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Scan to learn more about  
how to save on Verzenio

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\*Governmental beneficiaries excluded, terms and conditions apply.

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**[Visit verzenio.com/savings-support](https://www.verzenio.com/savings-support)**  
**for more information on the Verzenio Savings Card**

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# Filling your prescription

There are several options for getting Verzenio, depending on your insurance. You may receive your medication from your hospital, your doctor, or from a specialty pharmacy.

**Here's how a specialty pharmacy works with you to fill your Verzenio prescription:**

- Your doctor sends your prescription to a specialty pharmacy
- The specialty pharmacy will call you to schedule a date and time to deliver your Verzenio medication
- They can also help assess your eligibility for the Verzenio Savings Card\*

\*This offer is invalid for patients whose prescription claims are eligible to be reimbursed in whole or in part by any governmental program.

# Support groups

The following support groups can help you connect with other women who have a shared experience with early breast cancer:

- Living Beyond Breast Cancer (LBBC)
- BreastCancer.org
- Young Survival Coalition (YSC)
- Susan G. Komen
- SHARE Cancer Support

Learn more at [verzenio.com/support](https://www.verzenio.com/support)

or call **Verzenio Continuous Care™** at **1-844-VERZENIO (1-844-837-9364)**

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## INDICATION AND SAFETY SUMMARY

Verzenio<sup>®</sup> (ver-ZEN-ee-oh) is used to treat certain types of breast cancer known as HR+/HER2– (hormone receptor positive/human epidermal growth factor receptor 2 negative) breast cancer.

It is a medicine you can take if:

- You have node-positive early breast cancer that has a high risk of coming back as determined by your healthcare provider. Verzenio is given along with hormonal therapy to women and men.

It is not known if Verzenio is safe and effective in children.

### Warnings - Verzenio may cause serious side effects, including:

Diarrhea is common with Verzenio, may sometimes be severe and may cause dehydration or infection. The most common time to develop diarrhea is during the first month of Verzenio treatment. If you develop diarrhea during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, stop your treatment, or decrease your dose.

If you have any loose stools, start taking an antidiarrheal medicine (such as loperamide), drink more fluids, and tell your healthcare provider right away.

Low white blood cell counts (neutropenia) are common with Verzenio and may cause serious infections that can lead to death. Your healthcare provider should check your white blood cell counts before and during treatment. If you develop low white blood cell counts during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, decrease your dose, or wait before starting your next month of treatment. Tell your healthcare provider right away if you have signs and symptoms of low white blood cell counts or infections, such as fever and chills.

Verzenio may cause severe or life-threatening inflammation (swelling) of the lungs during treatment that can lead to death. If you develop lung problems during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it, decrease your dose, or stop your treatment. Tell your healthcare provider right away if you have any new or worsening symptoms, including:

- Trouble breathing or shortness of breath
- Cough with or without mucus
- Chest pain

Verzenio can cause serious liver problems. Your healthcare provider should do blood tests to check your liver before and during treatment. If you develop liver problems during treatment with Verzenio, your health care provider may reduce your dose or stop your treatment. Tell your healthcare provider right away if you have any of the following signs or symptoms of liver problems:

- Feeling very tired
- Pain on the upper right side of your stomach area (abdomen)
- Loss of appetite
- Bleeding or bruising more easily than normal

Verzenio may cause blood clots in your veins, or in the arteries of your lungs. Verzenio may cause serious blood clots that have led to death. If you develop blood clots during treatment with Verzenio, your healthcare provider may tell you to temporarily stop taking it. Tell your healthcare provider right away if you have any of the following signs and symptoms of a blood clot:

- Pain or swelling in your arms or legs
- Shortness of breath
- Chest pain
- Fast breathing
- Fast heart rate

Verzenio can harm your unborn baby. Use effective birth control (contraception) during treatment and for 3 weeks after the last dose of Verzenio and do not breastfeed during treatment with Verzenio and for at least 3 weeks after your last dose. Verzenio may affect the ability of males to father a child.

## INDICATION AND SAFETY SUMMARY (CONTINUED)

### Common side effects

The most common side effects of Verzenio include:

- Nausea
- Infections
- Low red blood cell counts (anemia)
- Decreased appetite
- Headache
- Hair thinning or hair loss (alopecia)
- Abdominal pain
- Tiredness
- Low white blood cell counts (leukopenia)
- Vomiting
- Low platelet counts (thrombocytopenia)

These are not all the possible side effects of Verzenio.

*Tell your healthcare provider if you have any side effects. You can report side effects at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).*

### Before using

Before you use Verzenio, tell your healthcare provider about all your medical conditions, including:

- If you have fever, chills, or other signs of infection.
- If you have a history of blood clots in your veins.
- Have lung or breathing problems.
- Have liver or kidney problems.
- If you are pregnant, plan to become pregnant, or are breastfeeding.
- About all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your healthcare provider if you take a medicine that contains ketoconazole.

### How to take

- Take Verzenio exactly as your healthcare provider tells you.
- Your healthcare provider may change your dose if needed. Do not stop taking Verzenio or change the dose without talking to your healthcare provider.
- Verzenio may be taken with or without food.
- Swallow Verzenio tablets whole. Do not chew, crush, or split the tablets before swallowing. Do not take Verzenio tablets if they are broken, cracked, or damaged.
- Take your doses of Verzenio at about the same time every day.
- If you vomit or miss a dose of Verzenio, take your next dose at your regular time. Do not take 2 doses at the same time to make up for the missed dose.

### What to avoid during treatment

- Avoid taking ketoconazole during treatment with Verzenio. Tell your healthcare provider if you take a medicine that contains ketoconazole
- Avoid grapefruit and products that contain grapefruit during treatment with Verzenio. Grapefruit may increase the amount of Verzenio in your blood

### Learn more

Verzenio is a prescription medicine. For more information, call 1-800-545-5979 or go to [verzenio.com](http://verzenio.com).

This summary provides basic information about Verzenio but does not include all information known about this medicine. Read the information that comes with your prescription each time your prescription is filled. This information does not take the place of talking with your healthcare provider. Be sure to talk to your healthcare provider about Verzenio and how to take it. Your healthcare provider is the best person to help you decide if Verzenio is right for you.

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# PERSONALIZED SUPPORT THAT'S HERE FOR YOU



To enroll, call **1-844-VERZENIO**  
(1-844-837-9364) or visit  
**verzenio.com/support**



SEARCH @VERZENIO OR VISIT

**VERZENIO.COM**

  
abemaciclib  
50|100|150 mg tablets

*Lilly*

The Verzenio Continuous Care Team is not made up of medical professionals. Your doctor is your source for medical advice.

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TRICARE® is a registered trademark of the Department of Defense (DoD), DHA.

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